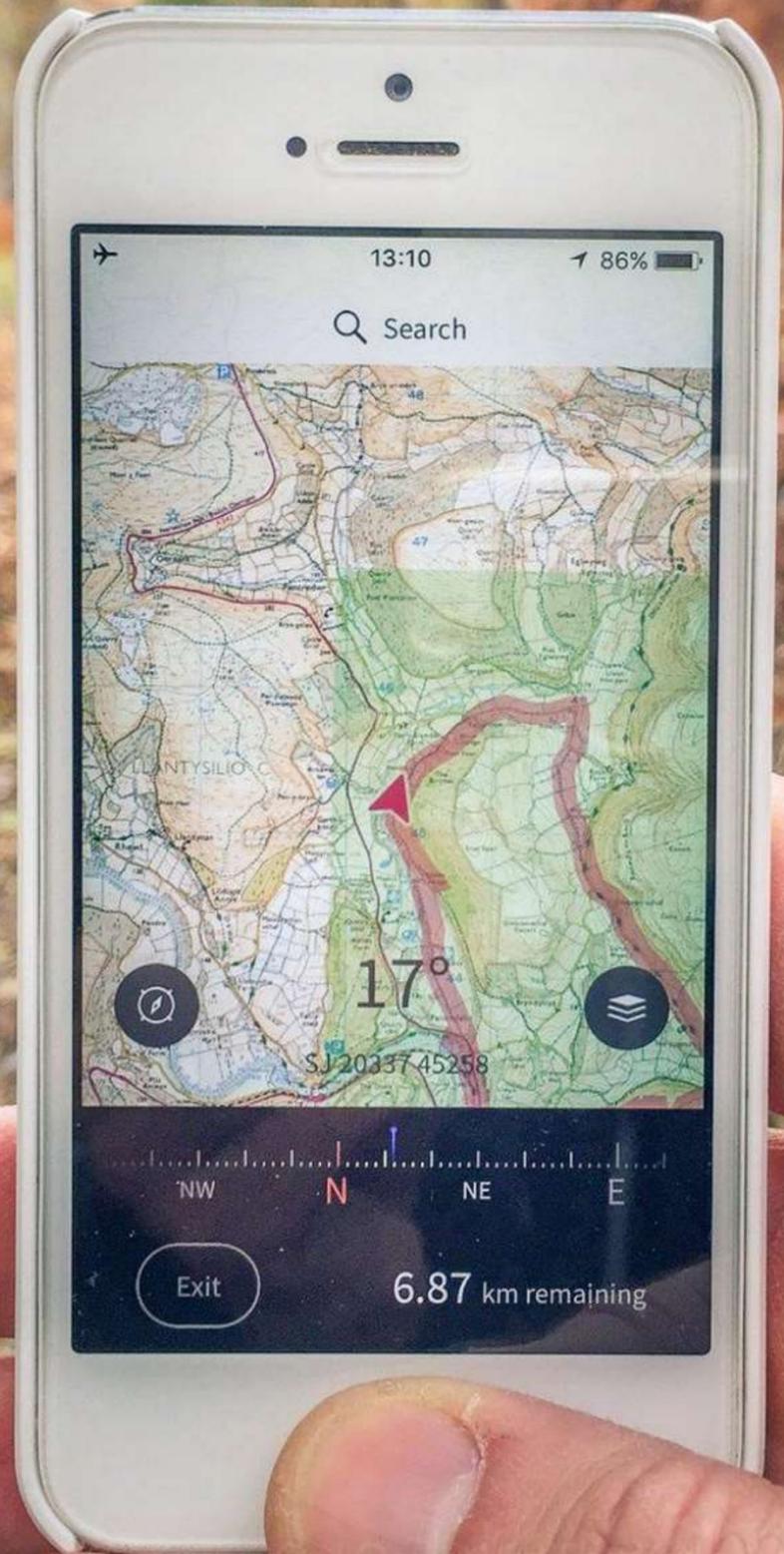




British
Pilgrimage
Trust

Ancient Practice / *Modern Meaning*







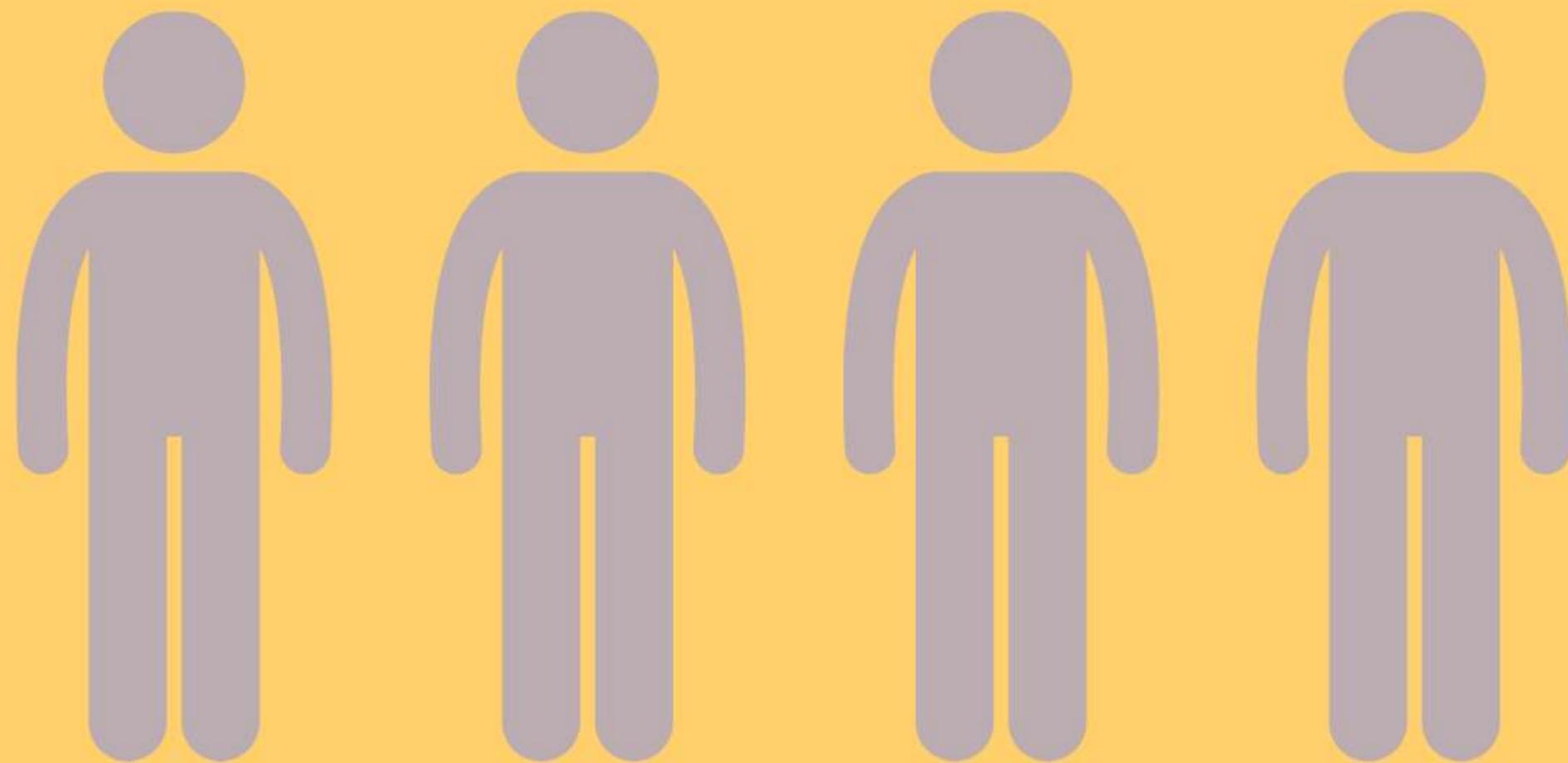
Have made pilgrimage



Have made
pilgrimage in Britain



19% have considered it







125
190
302
275





Gough Map, 14th C



Canterbury

Appledore

Rye

Winchelsea

Battle

Boreham Street

Lewes

Bramber

Arundel

Chichester

Havant

Southampton

Old Way

quoniam in illa causa non
quaeritur effectum. per ep̄m



St Thomas Becket



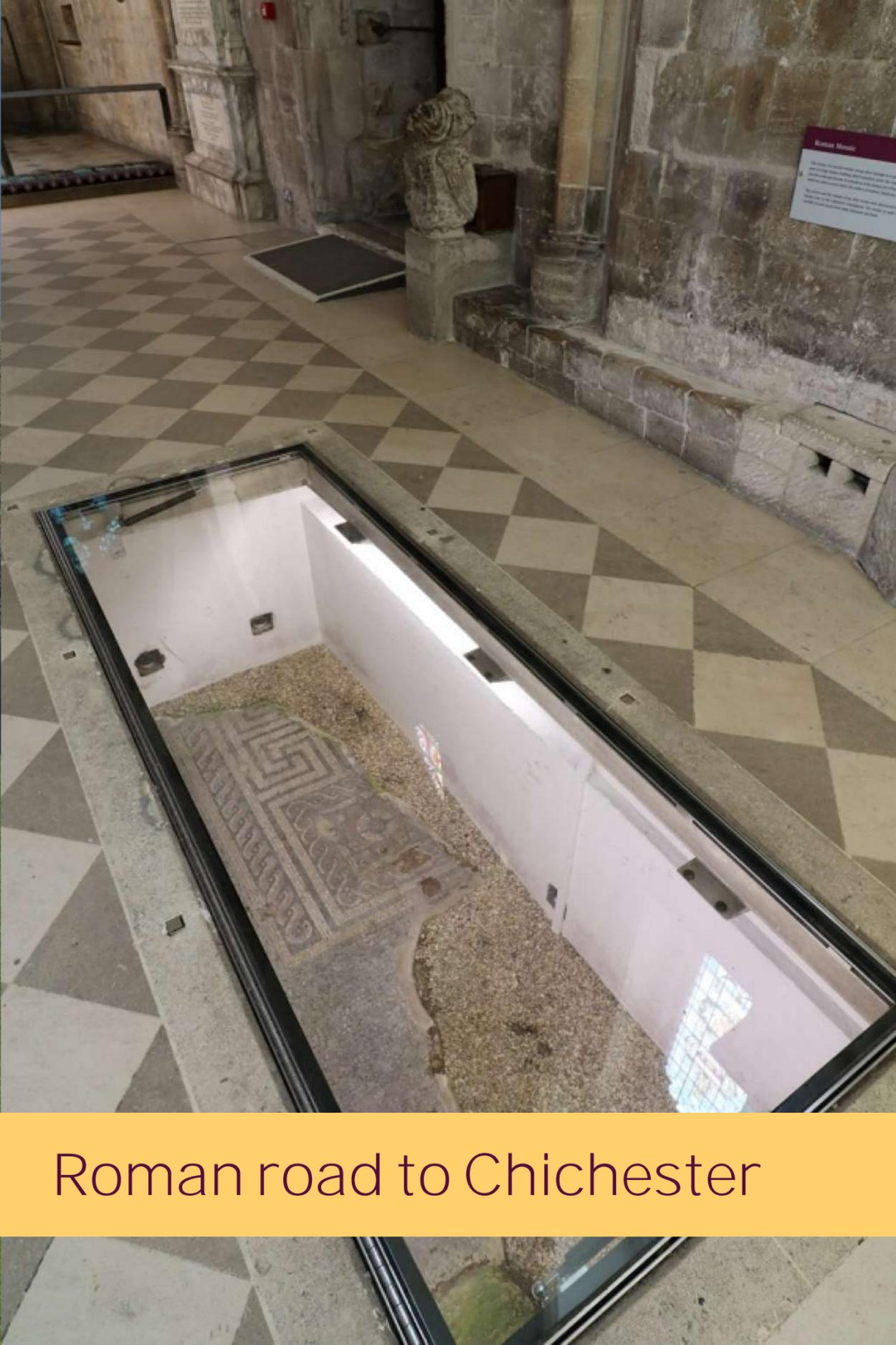
A27 Road



Mount Caburn



Elizabeth Barton & her holy well



Roman road to Chichester



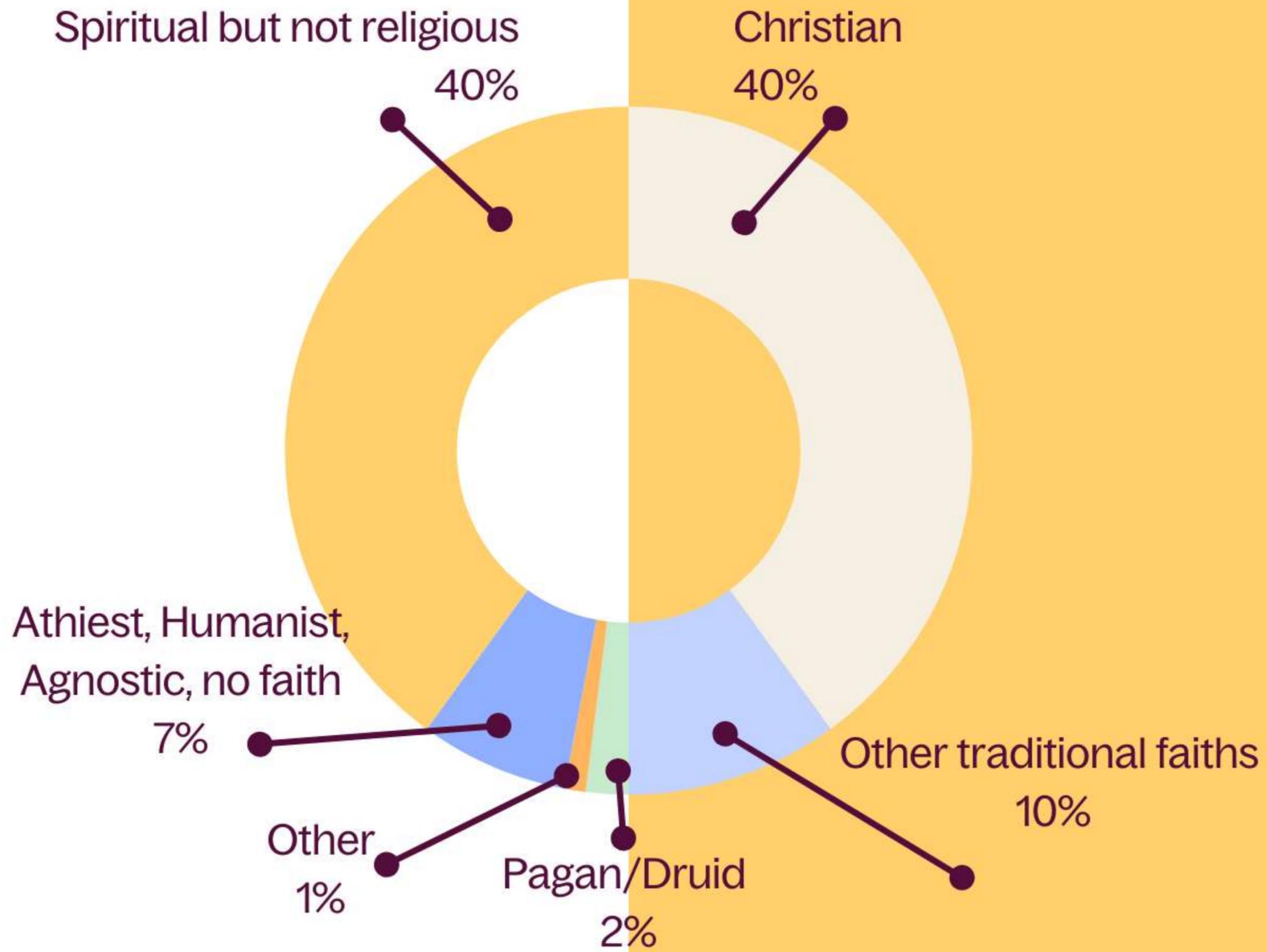
West Kennet Avenue



Freshwater Beach, Pembrokeshire



Long Man of Wilmington



**Emotional
Wellbeing**



**Nature
Connection**



**Spiritual
Exploration**



**Physical
Wellbeing**



**Cultural
Engagement**





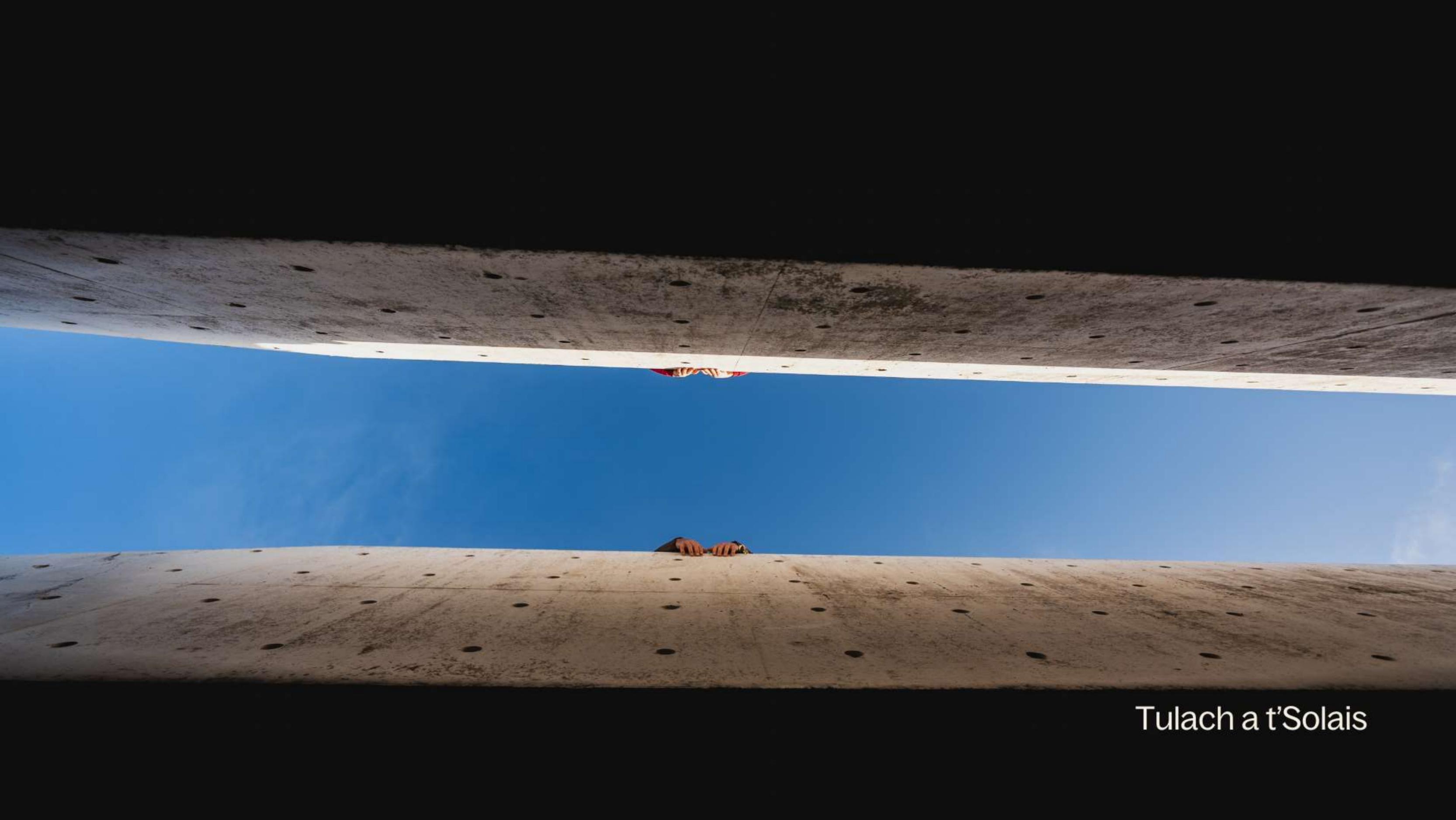
Serial
Seekers



Inner
Changers



Conscious
Questers



Tulach a t'Solais



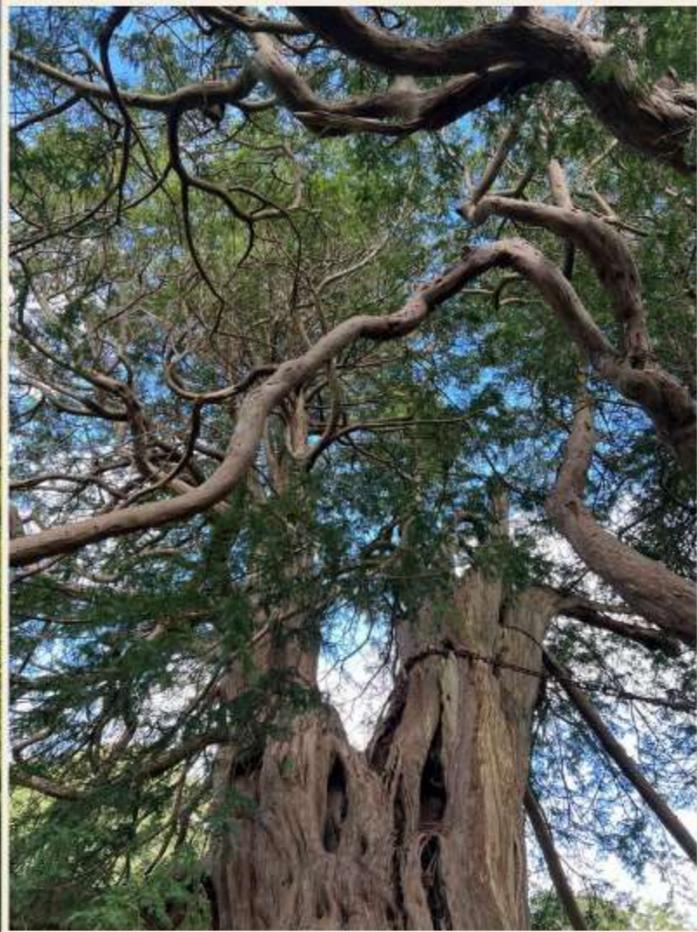
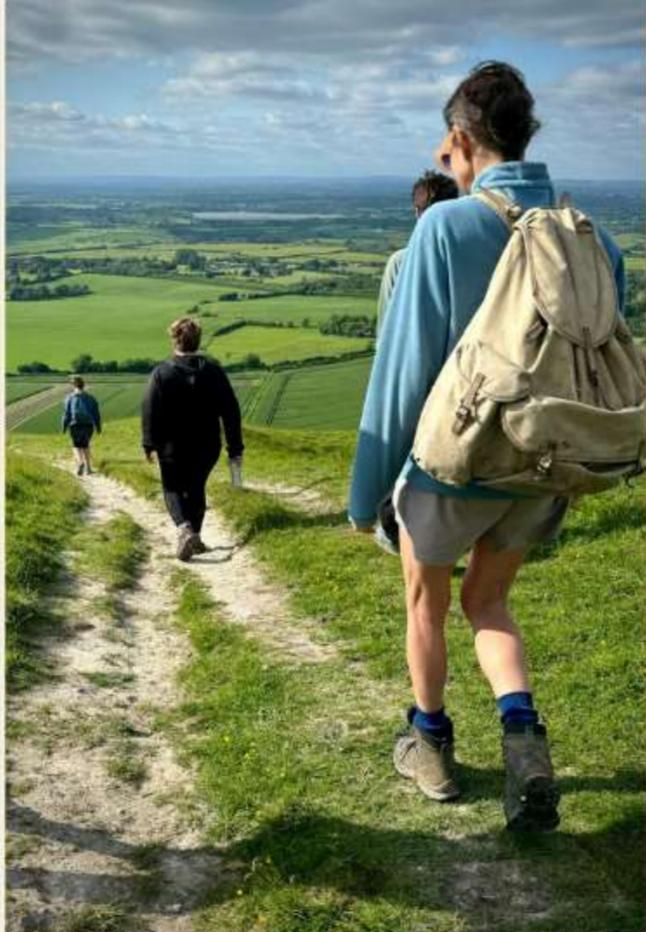
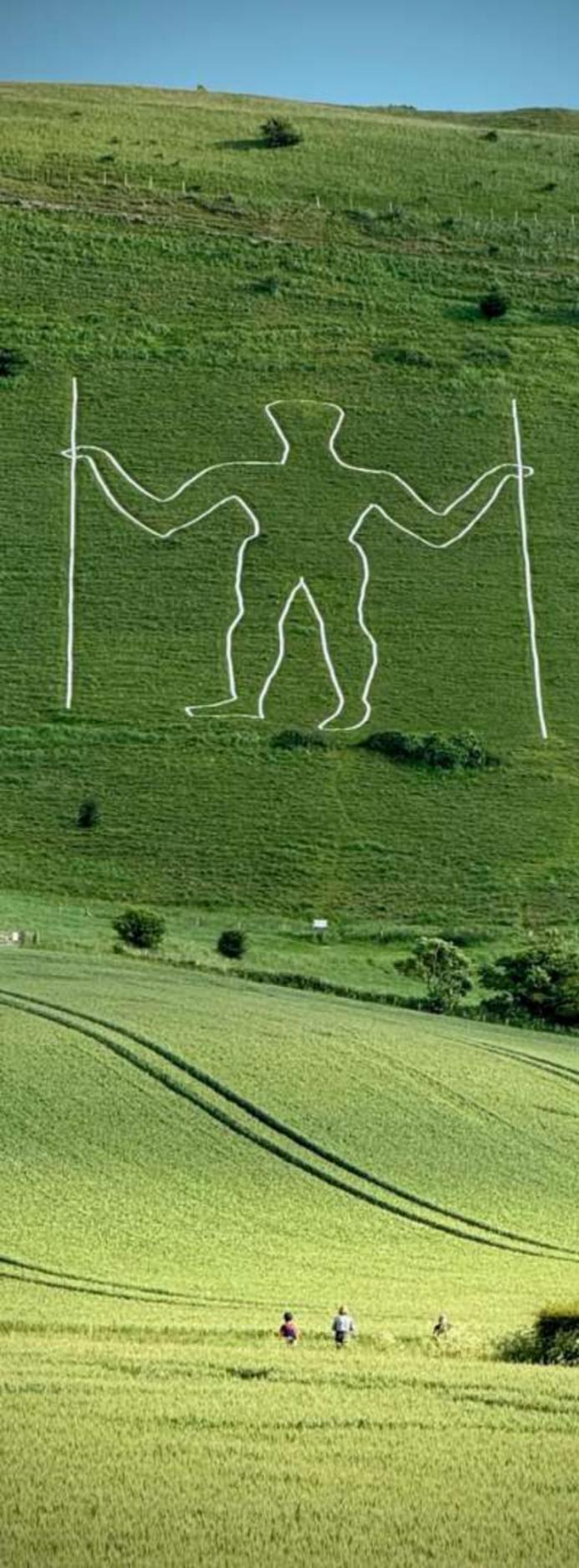
Via Francigena, Canterbury



St Cuthman's Church









“It was an extraordinary three days. I found it profound and powerful. To have companionship and support in the gentle and strong practice of walking with intent meant I was able to explore, learn about, feel and leave behind parts of my grief.”



“Time to reflect, to find meaning in the land, forming connections with others who share my loss. I feel I know how to draw upon pilgrimage to help me in the future.”



Tack

